



CLUB NATACIÓN MIRASIERRA

MEJORES MARCAS FEMENINAS PISCINA 50 M (20-04-2026)



	ABSOLUTO	18 AÑOS	17 AÑOS	16 AÑOS	15 AÑOS	14 AÑOS	13 AÑOS	12 AÑOS
50 libres	00:27:86 (21/04/18) (MADRID) ANA ALBEAR DOÑORO (2004)	00:27:95 (09/07/15) (BARCELONA) LAURA RUÍZ ASTORGA (1997)	00:28:21 (03/12/004) (MADRID) RAQUEL APARICIO GÓMEZ (1984)	00:28:33 (01/03/20) (MADRID) LUCÍA AGÜERO MONTERO (2004)	00:28:40 (21/12/12) (MADRID) LAURA RUÍZ ASTORGA (1997)	00:27:86 (21/04/18) (MADRID) ANA ALBEAR DOÑORO (2004)	00:28:38 (28/03/18) (PONTEVEDRA) ANA ALBEAR DOÑORO (2004)	00:31:42 (22/07/16) (MADRID) ANA ALBEAR DOÑORO (2004)
100 libres	01:00:17 (11/07/15) (BARCELONA) LAURA RUÍZ ASTORGA (1997)	01:00:17 (11/07/15) (BARCELONA) LAURA RUÍZ ASTORGA (1997)	01:00:34 (10/07/14) (BARCELONA) LAURA RUÍZ ASTORGA (1997)	01:00:22 (20/07/13) (VALENCIA) LAURA RUÍZ ASTORGA (1997)	01:01:53 (07/07/19) (MADRID) LUCÍA AGÜERO MONTERO (2004)	01:01:05 (20/05/18) (MADRID) ANA ALBEAR DOÑORO (2004)	01:00:80 (28/03/18) (PONTEVEDRA) ANA ALBEAR DOÑORO (2004)	01:05:70 (19/04/26) (GUJÓN) SOFÍA LECUE TEJADO (2013)
200 libres	02:10:37 (27/03/18) (PONTEVEDRA) ANA ALBEAR DOÑORO (2004)	02:15:84 (26/03/13) (CASTELLÓN) CELIA VISA GARCÍA (1995)	02:14:99 (27/02/21) (MADRID) LUCÍA AGÜERO MONTERO (2004)	02:11:48 (04/07/98) (MADRID) INÉS GÓMEZ MOLINS (1982)	02:13:08 (05/07/19) (MADRID) LUCÍA AGÜERO MONTERO (2004)	02:12:53 (19/05/18) (MADRID) ANA ALBEAR DOÑORO (2004)	02:10:37 (27/03/18) (PONTEVEDRA) ANA ALBEAR DOÑORO (2004)	02:16:87 (02/04/17) (MADRID) ANA ALBEAR DOÑORO (2004)
400 libres	04:36:86 (28/03/18) (PONTEVEDRA) ANA ALBEAR DOÑORO (2004)	04:52:71 (20/12/14) (MADRID) PAULA SAN SEGUNDO LOBATO (1996)	04:42:28 (16/07/95) (SANT CUGAT) ESTER DEL MONTE MILLÁN (1978)	04:37:19 (02/07/98) (MADRID) INÉS GÓMEZ MOLINS (1982)	04:40:44 (02/08/90) (MÉRIDA) CARMEN VALERO BENEYTO (1975)	04:43:78 (29/06/14) (MADRID) NEREA GALÁN PEDRERA (2000)	04:36:86 (28/03/18) (PONTEVEDRA) ANA ALBEAR DOÑORO (2004)	05:08:20 (10/07/94) (MADRID) Mª ÁNGELES RODRÍGUEZ MARTÍNEZ (1982)
800 libres	09:28:21 (16/07/95) (SANT CUGAT) ESTER DEL MONTE MILLÁN (1978)	09:41:01 (07/07/95) (MADRID) ESTER DEL MONTE MILLÁN (1978)	09:28:21 (16/07/95) (SANT CUGAT) ESTER DEL MONTE MILLÁN (1978)	09:32:01 (17/01/98) (MADRID) MERCEDES VÁZQUEZ DE LA IGLESIA (1982)	09:33:09 (08/08/97) (REUS) MERCEDES VÁZQUEZ DE LA IGLESIA (1982)	09:43:60 (12/07/96) (GUJÓN) MERCEDES VÁZQUEZ DE LA IGLESIA (1982)	09:48:58 (19/07/17) (BARCELONA) ANA ALBEAR DOÑORO (2004)	11:33:57 (02/07/17) (MADRID) ISABELLA ACOSTA MONTOYA (2005)
1500 libres	19:12:12 (30/06/09) (MADRID) ALMUDENA GUERRERO SIMÓN (1984)				19:28:79 (31/01/26) (MADRID) CLAUDIA SÁNCHEZ MTNEZ. (2010)	19:45:73 (23/02/25) (MADRID) CLAUDIA SÁNCHEZ MARTÍNEZ (2010)	20:55:54 (23/06/23) (MADRID) CLAUDIA SÁNCHEZ MARTÍNEZ (2010)	
2000 libres								
3000 libres								
50 espalda	00:31:67 (10/07/15) (BARCELONA) LAURA RUÍZ ASTORGA (1997)	00:31:67 (10/07/15) (BARCELONA) LAURA RUÍZ ASTORGA (1997)	00:31:74 (28/06/14) (MADRID) LAURA RUÍZ ASTORGA (1997)	00:31:96 (08/06/13) (MADRID) LAURA RUÍZ ASTORGA (1997)	00:32:02 (21/01/12) (MADRID) LAURA RUÍZ ASTORGA (1997)	00:33:01 (11/06/11) (MADRID) LAURA RUÍZ ASTORGA (1997)	00:33:22 (26/03/18) (PONTEVEDRA) ANA ALBEAR DOÑORO (2004)	00:37:17 (18/04/26) (GUJÓN) SARAH BARAMBONES T. (2013)
100 espalda	01:06:94 (09/07/15) (BARCELONA) LAURA RUÍZ ASTORGA (1997)	01:06:94 (09/07/15) (BARCELONA) LAURA RUÍZ ASTORGA (1997)	01:07:63 (29/06/14) (MADRID) LAURA RUÍZ ASTORGA (1997)	01:07:32 (28/02/13) (MALLORCA) LAURA RUÍZ ASTORGA (1997)	01:07:71 (30/06/12) (MADRID) LAURA RUÍZ ASTORGA (1997)	01:11:97 (05/08/11) (VALLADOLID) LAURA RUÍZ ASTORGA (1997)	01:10:19 (26/03/18) (PONTEVEDRA) ANA ALBEAR DOÑORO (2004)	01:15:04 (18/04/26) (GUJÓN) SARAH BARAMBONES T. (2013)
200 espalda	02:28:14 (01/07/12) (MADRID) LAURA RUÍZ ASTORGA (1997)	02:28:70 (08/03/15) (MADRID) LAURA RUÍZ ASTORGA (1997)	02:28:24 (28/06/14) (MADRID) LAURA RUÍZ ASTORGA (1997)	02:28:52 (27/03/13) (CASTELLÓN) LAURA RUÍZ ASTORGA (1997)	02:28:14 (01/07/12) (MADRID) LAURA RUÍZ ASTORGA (1997)	02:32:65 (09/05/18) (MADRID) ANA ALBEAR DOÑORO (2004)	02:32:68 (24/02/18) (MADRID) ANA ALBEAR DOÑORO (2004)	02:57:24 (07/05/94) (MADRID) Mª ÁNGELES RODRÍGUEZ MARTÍNEZ (1982)
50 braza	00:34:38 (16/06/19) (MADRID) LAURA MALAVE CASCALES (1998)	00:36:78 (07/02/14) (MADRID) INÉS PALACIOS BLANCO (1996)	00:35:50 (21/12/13) (MADRID) INÉS PALACIOS BLANCO (1996)	00:35:64 (21/12/12) (MADRID) INÉS PALACIOS BLANCO (1996)	00:36:18 (27/02/11) (PALMA) INÉS PALACIOS BLANCO (1996)	00:37:95 (01/03/26) (MADRID) MARINA BERMEJO GUERRERO (2011)	00:38:89 (29/06/24) (MADRID) ISABELLA HERVELLA CONTEGNI (2010)	00:39:68 (24/06/23) (MADRID) ISABELLA HERVELLA CONTEGNI (2010)
100 braza	01:17:25 (06/07/90) (MADRID) SILVIA LÓPEZ GIL (1977)	01:19:33 (09/02/14) (MADRID) INÉS PALACIOS BLANCO (1996)	01:18:22 (27/03/13) (CASTELLÓN) INÉS PALACIOS BLANCO (1996)	01:19:03 (21/12/12) (MADRID) INÉS PALACIOS BLANCO (1996)	01:18:77 (12/02/11) (MADRID) INÉS PALACIOS BLANCO (1996)	01:21:73 (07/07/12) (MADRID) LAURA MELAVE CASCALES (1998)	01:17:25 (06/07/90) (MADRID) SILVIA LÓPEZ GIL (1977)	01:19:06 (10/07/89) (-) SILVIA LÓPEZ GIL (1977)
200 braza	02:47:64 (26/03/13) (CASTELLÓN) INÉS PALACIOS BLANCO (1996)	02:51:51 (07/02/14) (MADRID) INÉS PALACIOS BLANCO (1996)	02:47:64 (26/03/13) (CASTELLÓN) INÉS PALACIOS BLANCO (1996)	02:50:38 (13/07/12) (MADRID) INÉS PALACIOS BLANCO (1996)	02:48:74 (06/02/11) (MADRID) INÉS PALACIOS BLANCO (1996)	02:57:24 (21/07/12) (BARCELONA) LAURA MALAVE CASCALES (1998)	02:51:54 (05/07/90) (MADRID) ISABEL VINAGRE GARCÍA-ALCAIDE (1977)	02:52:30 (05/06/98) (MADRID) GUIOMAR QUIÑONES LEDESMA (1986)
50 mariposa	00:29:53 (31/03/12) (MÁLAGA) NADIA RODRÍGUEZ AYALA (1985)	00:29:88 (30/06/13) (MADRID) CELIA VISA GARCÍA (1995)	00:29:92 (22/12/12) (MALLORCA) CELIA VISA GARCÍA (1995)	00:30:61 (24/08/00) (BARCELONA) RAQUEL APARICIO GÓMEZ (1984)	00:31:92 (29/02/20) (MADRID) NOA FIBLA GOLDMAN (2005)	00:30:75 (20/05/18) (MADRID) ANA ALBEAR DOÑORO (2004)	00:33:45 (20/07/17) (BARCELONA) ANA ALBEAR DOÑORO (2004)	00:32:61 (18/04/26) (GUJÓN) SARAH BARAMBONES T. (2013)
100 mariposa	01:04:29 (08/04/19) (SABADELL) LAURA MALAVE CASCALES (1998)	01:05:77 (06/06/93) (BARCELONA) LAURA LÓPEZ BRUNNER (1975)	01:06:07 (23/02/92) (MADRID) LAURA LÓPEZ BRUNNER (1975)	01:06:98 (10/08/97) (REUS) ISABEL QUIÑONES ACIN (1981)	01:08:08 (05/08/90) (MÉRIDA) LAURA LÓPEZ BRUNNER (1975)	01:07:65 (08/05/18) (MADRID) ANA ALBEAR DOÑORO (2004)	01:09:94 (03/07/90) (MADRID) SILVIA LÓPEZ GIL (1977)	01:10:12 (01/04/17) (MADRID) ANA ALBEAR DOÑORO (2004)
200 mariposa	02:19:24 (18/07/93) (REUS) LAURA LÓPEZ BRUNNER (1975)	02:19:24 (18/07/93) (REUS) LAURA LÓPEZ BRUNNER (1975)	02:19:50 (17/07/92) (BENIDORM) LAURA LÓPEZ BRUNNER (1975)	02:23:80 (24/07/91) (BARCELONA) LAURA LÓPEZ BRUNNER (1975)	02:26:60 (03/08/90) (MÉRIDA) LAURA LÓPEZ BRUNNER (1975)	02:36:53 (26/06/14) (MADRID) NEREA GALÁN PEDRERA (2000)	02:36:69 (21/07/17) (MADRID) ANA ALBEAR DOÑORO (2004)	02:37:08 (02/04/17) (MADRID) ANA ALBEAR DOÑORO (2004)
200 estilos	02:27:43 (14/07/93) (REUS) LAURA LÓPEZ BRUNNER (1975)	02:27:43 (14/07/93) (REUS) LAURA LÓPEZ BRUNNER (1975)	02:27:50 (19/07/92) (BENIDORM) LAURA LÓPEZ BRUNNER (1975)	02:30:35 (20/07/14) (BARCELONA) LAURA MALAVE CASCALES (1998)	02:31:41 (05/08/90) (MÉRIDA) LAURA LÓPEZ BRUNNER (1975)	02:34:63 (08/05/18) (MADRID) ANA ALBEAR DOÑORO (2004)	02:33:31 (03/07/90) (MADRID) ISABEL VINAGRE GARCÍA-ALCAIDE (1977)	02:53:89 (03/05/19) (MADRID) JIMENA GÓMEZ BROCHAT (2006)
400 estilos	04:57:78 (09/05/92) (PALMA) LAURA LÓPEZ BRUNNER (1975)	05:05:06 (16/07/93) (REUS) LAURA LÓPEZ BRUNNER (1975)	05:04:94 (16/07/92) (BENIDORM) LAURA LÓPEZ BRUNNER (1975)	05:17:14 (06/08/91) (ZARAGOZA) LAURA LÓPEZ BRUNNER (1975)	05:23:73 (03/07/01) (MADRID) GUIOMAR QUIÑONES LEDESMA (1986)	05:26:15 (20/07/12) (BARCELONA) LAURA MALAVE CASCALES (1998)	05:25:58 (04/07/90) (MADRID) ISABEL VINAGRE GARCÍA-ALCAIDE (1977)	06:20:17 (21/06/24) (MADRID) AMELIE HERVELLA CONTEGNI (2012)